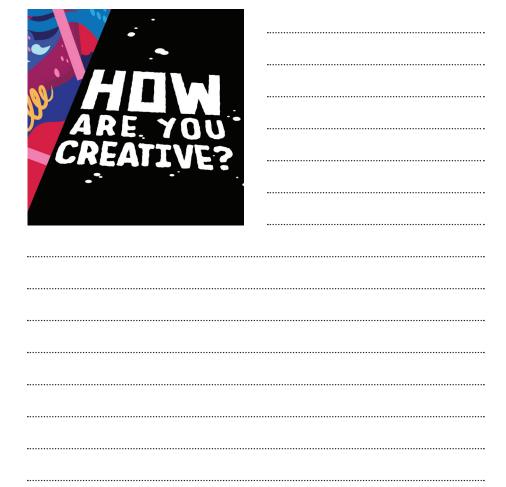
### **Journal**

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Week One Preteen



Day	1
- /	

Watch this week's episode of The So & So Show by going to: https://bit. ly/PreteenSundaysatHome

Even if you already saw it at church, feel free to check it out again!

After watching, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:

## Day 2

#### Read Genesis 1-2:3

Grab a sheet of paper and fold it in half lengthwise, then in half two times crosswise. Open the paper up and in the first section, write "The Creation Story." Then, write Day 1 on the top of the next square and so on until you've labeled the remaining boxes through Day 7.

As you read Genesis 1–2:3, draw what you're reading in each of the sections. They can be super simple drawings, more detailed, or even just colors in the block that make you think of that aspect of creation.

Hang your artwork somewhere you will see it the rest of the week.

# Day 3

Look back at your artwork from yesterday—specifically at day 6, the day God created humans.

When God created humans, it was the beginning of something amazing—something that eventually led to you! And because God created you, you can be creative!

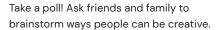
Read this prayer out loud, thanking God for creating you to be creative.

Dear God, thank You for making me—and for making me in Your image. I know that means that I am creative because You are creative! Please show me all the unique ways You made me to be creative and help me to use that creativity to show the world who You are. In Jesus' Name, I pray. Amen.



#### How are you creative?

There are so many different ways to be creative, and sometimes we don't even realize what we're doing is creative and God-given!



Start out your list with the following obvious choices:

- Painter
- Writer
- Musician
- Actor
- Dancer

Each person should give you a new idea. If they mention something you already have on your list, ask them to try again. See how many creative ways you can come up with to be... creative. Hold on to your list for tomorrow.



# Day 5

### God created you so you can be creative.

Take a look at the list of ways to be creative that you compiled yesterday. Go through and circle any that you know you're good at—ways that God has made you creative.

Now go back and underline any ways to be creative that you've never tried—or things you have always wondered what it would be like to try.

Lastly, put a star by one of the things you underlined that you would like to try. Talk to a parent and figure out how you can try it soon!

