

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



A series of horizontal dotted lines for journaling, starting below the illustration and extending down the page.



Day 1

After watching, write one thing that:

Watch this week's episode of The So & So Show by going to: <https://bit.ly/PreteenSundaysatHome>

Even if you already saw it at church, feel free to check it out again!

- 1. You liked:
- 2. You learned:
- 3. You'd like to know:

Day 2

Read Acts 2:1-12, 36-41

Get a blank sheet of paper and some drawing utensils. As you read Acts 2:1-4, draw a picture of what you think that moment in time might have looked like.

As you read Acts 2:5-12, make a tally mark for each place the visitors were from. How many different languages may have been represented that day?

As you read Acts 2:36-41, write down on the sheet who the Holy Spirit is for.

Notice the way the Holy Spirit spreads throughout the earth. . . starting with a few Jesus followers from Galilee, spreading to 3,000 people from all over the eastern world, and finally, coming to help people from all over who put their trust in Jesus!



Day 3

God sent the Holy Spirit to help you.

When you trust that Jesus is your Savior, the Holy Spirit will be with you and help you treat others the way you want to be treated, make wise choices, and trust God no matter what.

How could the Holy Spirit help you today? Whatever it is, write it down in the blanks in the following prayer, and then read it out loud to God.

"Dear God, thank You for sending the Holy Spirit to help me. I know that I need help in order to _____

Please give me the [strength/wisdom/faith] (circle one) to live like You are with me. In Jesus' Name, I pray. Amen."

Day 4

When have you needed help?

Who is someone you know who follows Jesus with confidence? Someone who lives like they believe God is with them? Write their name here: _____.

Ask a parent to help you reach out to that person and ask them if you all can hangout for a bit. (Maybe sweeten the offer with some ice cream or popsicles while you chat!)

Start out by asking the person about their faith in Jesus. When did they put their trust in Jesus? When did they need help to do the right thing? How did they feel the Holy Spirit guiding them and helping them trust God?

Share with the friend something that you need help with today. Together, pray and thank God for sending the Holy Spirit to guide you!

Day 5

In the Bible, we find several different symbols to represent the Holy Spirit, including a dove, water, fire, and a mighty wind.

Sometimes visualizing the Holy Spirit in these forms can help us live confidently, remembering that God gives us the Holy Spirit to help us.

Maybe you need the Holy Spirit to bring peace to a relationship. . . perhaps the picture of the Holy Spirit like a dove is what you need. 🕊️

Or maybe you know you need to get rid of some things in your life that aren't good, like lying or cheating. The Holy Spirit as cleansing water can help you make the wise choice. 💧

Or maybe the Holy Spirit as fire speaks to you—helping you separate what is truly lasting and important from what is temporary and fleeting. 🔥

Maybe picturing the Holy Spirit as a strong wind helps you feel the power of God to take on any challenge. 🌪️

Get a sheet of paper and draw the four emojis above. Then cut a square around each one and hang the four pictures somewhere you can see them. Each morning, think about how you could use the Holy Spirit's help. Then grab the picture that helps you the most. Keep it with you as a reminder that the Holy Spirit can help!