

Integrity means choosing to be truthful in whatever you say and do.

WEEK
1
K-1ST

Read Proverbs 12:17

DAY
1

Who Are You?

What two places do you spend a lot of time at? School and home most likely! Think about some of the things you do really well at those places. Like being kind, funny, or a good friend. Talk with your parent about it and see if they agree!

Adults, talk to your child about some of the positive character traits that they exhibit at school and then at home. Give examples of how they show those traits. Such as: "You are kind because you share toys with your friends." Also, find one example of when they were truthful. Tell them how much you appreciated their honesty.

Know that God gave you those amazing character traits!

DAY
2

Speaking Truth

Below are some situations that can be true or false. Read them aloud and if they are true statements shout, "True" and clap your hands. If they are false wag your pointer finger and say, "False."

- The sky is a bright purple color.
- Yes, cookies are the best thing to eat for breakfast.
- I am in elementary school.
- God made me to be just who I am.

Make up one or two of your own!

ASK God to help you speak the truth always.

DAY
3

Ask For Help

Today let's use our verse to help us pray. Look up Proverbs 12:17. Once you have read it a few times, pray the prayer below.

"Dear God, I pray that I will be able to speak the truth even when it's hard. I know that you don't like lies and you love truth. Please help me be able to be truthful all of the time. I want to live with integrity so others will trust me. Amen."

Look for opportunities to speak the truth.

DAY
4

Truth Talk

When you choose to speak the truth, people know that you can be trusted and that you have integrity. Flip this page over and color the words on the back to create a poster that you can hang in your room to remind you of this week's bottom line: Be truthful with your whole life.

Thank God for teaching us the importance of telling the truth.

Be truthful with
your whole life.

